

## **CHARLESTON'S CULINARY SCENE**

### **HISTORIC CULINARY TOUR OF CHARLESATON**

Exploring a city's cuisine isn't a new idea. For decades, cooking schools in culinary centers like Paris and New Orleans have indoctrinated visitors into their particular styles with certificates for gourmands and chefs. But a newly flavorful outing, the food-tasting expedition, is rising faster than a flawless soufflé.

The concept: through local dishes and restaurants, guests come to better understand a city's culture, roots, and development. And on a food-tasting tour everyone can succeed at the same skill: eating!

This "tastebuds-on" excursion is dedicated to savoring the flavors of Charleston. The tour is a culinary march through the streets of this historic port city, with destinations that vary season by season. Customary stops include restaurants, bakeries, and confectionary shops.

Through this "boutique banqueting," guests will learn about the culinary contributions made by Native Americans, European settlers, and enslaved Africans that have fused into what today is lovingly referred to as Lowcountry cuisine.



*Mount Pleasant's Shem Creek... home of the Charleston Shrimping Fleet*  
On the excursion, guests may sample Benne Seed Wafers... Sweet Tea... Pralines...



*Swee'Tea... properly served in a Mason Jar...Boiled Peanuts... the Official Snack Food of South Carolina...Dining on Collard Greens on New Year's Day ensures wealth for the coming year...and There's something about a John's Island Tomato!*

<http://culinarytoursofcharleston.com/>

# CHARLESTON'S CULINARY COOKING SCHOOL

ESTIMATED TIMEFRAME: 4 hours

You've done golf, carriages, walking tours, and plantations... and want something different for one of your group activities. Why not bring them to Charleston Cooks! for an energizing Taste of the Lowcountry? The culinary team at Charleston Cooks! will customize a private group lab that fits into your conference schedule, budget, and objective.

You choose whether your team literally rolls up their sleeves and creates their own luncheon under the direction of the Charleston Cooks! chefs... or if they'll simply relax with a glass of wine while the culinary team describes the ingredients and methodology while their repast is being prepared. Either way, guests will enjoy the experience and take home with them a better understanding of – in the words of M.F.K. Fisher – “The Art of Eating” ... *à la Charleston.*



*Choose between a public demonstration event...*



*... or a hands-on, participatory experience at Charleston Cooks!*

[HTTP://WWW.CHARLESTONCOOKS.COM/CHARLESTON/CLASSES/?GCLID=CPCDUOQC8sgCFYM6gQodzF4LQA](http://www.charlestoncooks.com/charleston/classes/?gclid=CPCDUOQC8sgCFYM6gQodzF4LQA)

# A TRULY SOUTHERN CULINARY SCHOOL

ESTIMATED TIMEFRAME: 3 HOURS



Southern Season is the premiere destination for specialty foods and gifts. Since its creation in 1975, Southern Season has been known for the breadth and quality of its gourmet foods, wines, house wares, and cookware.

A food lover's paradise with exciting and innovative products from vendors local to international, Southern Season offers over 70,000 items sold in-store and online. With a belief in southern hospitality and a passion for the art of entertaining, Southern Season prides itself upon great tasting and distinct products offered by a knowledgeable and friendly staff ready to help you find exactly what you're looking for.

Southern Season's Cooking Schools provide an epicurean education dished up with a heaping serving of expertise and style. Learn from regional notables and internationally renowned celebrity chefs as they share secrets, techniques and recipes in a cooking classroom that redefines the concept.



Enjoy frequent formal and informal wine tastings, affordable hands-on opportunities for every skill level and interest, exciting greet-the-chefs and much more.

<http://www.southernseason.com/cooking-school/charleston/>

# **A PEEK INTO THE HISTORY OF CHARLESTON**

## **BOONE HALL PLANTATION**

**ESTIMATED TIMEFRAME: 3 ½ HOURS**



Boone Hall Plantation has been open to the public since 1959. The McRae Family purchased the plantation in 1955 and it was Mrs. McRae who furnished the house with antiques and began giving tours. Today, the McRae Family still owns the property, and they continue to make improvements to the plantation so that you, the visitor, can experience what plantation life was like in the 1800s. As you tour each site on the plantation our knowledgeable staff will help you understand the day to day activities of those who lived on plantations as well the history of the people who lived here at Boone Hall.



Boone Hall is also one of America's oldest working, living plantations. They have been continuously growing and producing crops for over 320 years. Once known for cotton and pecans, they are still actively producing peaches, strawberries, tomatoes and pumpkins, as well as many other fruits and vegetables for visitors to enjoy. Boone Hall Plantation also presents live presentations that cannot be found on any other plantations in the area and are part of what helps make Boone Hall unique.

[HTTP://BOONEHALLPLANTATION.COM/TOURS\\_ADMISSION](http://boonehallplantation.com/tours_admission)

## HISTORIC HOME'S OF CHARLESTON

ESTIMATED TIMEFRAME: 2-3 HOURS

### Nathaniel Russell House



Since the early 1800s, visitors have admired the townhouse of Nathaniel and Sarah Russell, completed in 1808. Set amid spacious gardens, the mansion is recognized as one of America's most important neoclassical dwellings. The graceful interiors with elaborate plasterwork ornamentation, geometrically shaped rooms, and a magnificent free-flying staircase are among the most exuberant ever created in early America.

<https://www.historiccharleston.org/russell.aspx>

### Edmondston-Alston House



The stately Edmondston-Alston House was built in 1825 on Charleston's High Battery and is one of the city's most splendid dwellings. A witness to many dramatic events in Charleston's history, the Edmondston-Alston House is a classic example of the city's changing and sophisticated taste in architecture and decorative arts.

The Edmondston-Alston House is a repository of family treasures, including Alston family silver, furniture, books and paintings that remain in place much as they have been for over a century and a half.

[HTTP://WWW.EDMONDSTONALSTON.COM/](http://www.edmondstonalston.com/)

## HISTORIC CHARLESTON CARRIAGE TOUR



There's no more charming a way to tour around Charleston than via horse drawn carriages. During the tour your guests will be experiencing 25 – 30 blocks of Charleston's historic downtown district. You will see houses, gardens, mansions, churches, and parks as you hear about the different buildings, history, architecture, flora and people. Most importantly you will become one with all that Charleston has to offer the visitor.

[HTTP://PALMETTOCARRIAGE.COM/](http://palmettocarriage.com/)

## FORT SUMTER NATIONAL MONUMENT

ESTIMATED TIMEFRAME: 3 ½ HOURS



Imagine the excitement! South Carolina had seceded from the Union, yet Union forces still occupied strategic Fort Sumter at the entrance of Charleston Harbor. The South demanded that Fort Sumter be vacated; the North refused. Finally, on April 12<sup>th</sup>, 1861, from nearby Fort Johnson, South Carolina troops of the Confederacy fired on the Fort – the start of a two-day bombardment that resulted in the surrender of Fort Sumter by Union troops. With the North's withdrawal, the South held the Fort until it was finally evacuated on February 17<sup>th</sup>, 1865. Today, Fort Sumter is a National Monument, administered by the National Park Service of the United States Department of the Interior. It is located on a small man-made island and is accessible only by boat. On the Fort is an excellent museum containing priceless artifacts; your personal City of Charleston-licensed guides will remain with you to guide you around Fort Sumter, explaining the history and artifacts.

<http://www.nps.gov/fosu/index.htm>

## PATRIOTS POINT NAVAL AND MARITIME MUSEUM

ESTIMATED TIMEFRAME: 2 ½ HOURS

Located on historic Charleston Harbor, Patriots Point is home to USS *Yorktown* (CV-10), the “Fighting Lady.” The first USS *Yorktown* (CV-5) sank at the battle of Midway on June 7, 1942. Onboard the decks of this famous World War II aircraft carrier, a momentous time in America’s history is relived. The “Fighting Lady” contains all the evidence of her past; one can see, touch, feel, and smell the past... where young Americans fought and died to turn the fortunes of war in the Pacific.



Onboard the *Yorktown* are dozens of displays devoted to maritime and naval history, the Congressional Medal of Honor Society’s museum and headquarters, and more than two dozen historic military aircraft are on exhibit. Ashore is a full-size Navy Advance Tactical Support Base from the Vietnam era, and a gift shop.

[http://www.patriotspoint.org/explore\\_museum/tours\\_exhibits/](http://www.patriotspoint.org/explore_museum/tours_exhibits/)

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POST OFFICE BOX 80489 · CHARLESTON · SOUTH CAROLINA · 29416 · USA  
VOICE 843.884.9505 · FACSIMILE 843.971.0045  
ABSOLUTELYCHARLESTON.COM